SOUTH DAKOTA BOARD of EXAMINERS for COUNSELORS and MARRIAGE & FAMILY THERAPISTS

PLAN OF SUPERVISION FOR LPC-MENTAL HEALTH

Reference ARSD 20:73:04 http://dhs.sd.gov/brd/Counselor

NOTE: The training supervisee (applicant) must provide the name and qualifications of the proposed training supervisor (licensed MH professional) for Board approval PRIOR TO THE START OF SUPERVISION.

Refer to the Administrative Rules on Page 2 for specifics. PRIOR to any training supervisor changes, the supervisee must submit a new Plan for Board approval.

Please complete by typing or printing legibly. Date: Applicant Name: ______Social Security No. _____ Complete Address: Phone No. _____ What will be the setting & location for your counseling experience? Supervisor Name (print): Place of Employment: ______Phone No. _____ Address: _____ Type of Mental Health Professional License: S.D. License No. ______ (ex: LPC-MHxxxx) S.D. License Issue Date: ____ (mm / dd / yyyy) By signing, we attest we have read, understand, and agree to follow all the Rules and laws of Supervision as stated on Page 2 of this Plan of Supervision. Supervisee (applicant) Signature Supervisor (licensed MH professional) Signature For office use only: Date to Board: _____ Approved: _____ Yes _____ No Comments:

Mail completed form to: SD Board of Examiners for Counselors and MFTs, PO Box 2164, Sioux Falls, SD 57101-2164

20:73:04:01. Plan of supervision. The training supervisee and training supervisor shall sign a written training supervision agreement on a form designated by the board. The agreement must be approved by the board prior to beginning the training experience. The supervisee shall file the written training supervision agreement with the board which shall contain the following:

- (1) The supervisee's name and mailing address;
- (2) The supervisor's name and mailing address;
- (3) The supervisor's qualifications including license number and issue date;
- (4) The supervisor's place of employment; and
- (5) The setting where the counseling experience will occur.

If it is necessary for the supervisee to change supervisors, the supervisee shall contact the board within 30 days of the change and provide an updated training supervision agreement.

20:73:04:02. Supervisor requirements and duties. The supervisor must be one of the following:

- (1) An Approved Clinical Supervisor (ACS) credentialed by the Center for Credentialing & Education, Inc. and recognized by the National Board for Certified Counselors (NBCC), Inc. and Affiliates;
- (2) A licensed professional counselor-mental health, licensed marriage and family therapist, certified social worker-private independent practice, licensed psychologist, or licensed psychiatrist, who has been actively licensed for at least three years prior to the beginning of supervision;
- (3) A licensed professional counselor-mental health, licensed marriage and family therapist, certified social worker-private independent practice, licensed psychologist, or licensed psychiatrist, who has been actively licensed for at least one year and has evidence of completing 15 hours of supervision training pursuant to § 20:68:07:09 before beginning supervision; or
- (4) An American Association for Marriage and Family Therapy approved clinical supervisor.

Any exception must be approved by the board. The supervisor shall comply with the ACA Code of Ethics or the AAMFT Code of Ethics. The supervisor shall provide for the following:

- (A) That client welfare is protected;
- (B) That a supervisee functions within the limits of the supervisee's competence; and
- (C) That the training expands and improves skills in areas for which the supervisee has academic background but inadequate training.

Supervision shall include at a minimum two of the four following methods: the presentation and staffing of cases, the critiquing of audio and video counseling tapes, the direct observations of the supervisor, or the co-counseling with the supervisee.

The supervisor shall document evidence of complying with requirements on a form provided by the board upon completion of the supervision.

20:73:04:03. Supervision requirements. Supervision is an intensive, interpersonal, focused, one-to-one relationship in which the approved supervisor is designated to facilitate the development of the therapeutic competence of a training supervisee. Completion of clinical experience and supervision as defined in SDCL subdivision 36-32-42(3) is required. The one hundred hours of direct supervision must consist of one hour of supervision per week. Supervision compliance shall be recorded on a supervision tracking form. For the purpose of this chapter, if a supervisor supervises one or two supervisees per session it is individual supervision, and if a supervisor supervises three to six supervisees, it is group supervision. No more than 50 percent of the required hours may be group supervision hours.

36-32-42. Requirements for LPC-MH certification. The board shall certify an applicant as a LPC-MH if the applicant fulfills the following requirements:

(3) Completes two years of clinical experience and supervision under a licensed mental health professional after receiving a master's degree. The supervising mental health professional must hold the highest level of licensure within that supervisor's profession. Clinical experience must consist of two thousand hours of direct client contact in a clinical setting. Supervision must consist of one hundred hours of direct supervision, at least fifty hours of which shall be face-to-face. The balance may be face-to-face or by telephone conferencing or interactive video conferencing. However, any telephone conferencing or interactive video conferencing must be secure such that reasonable precautions have been taken to ensure that the conference will not be intercepted or listened to by unauthorized persons;

20:73:04:04. Restrictions on applying supervised hours. If the supervisee intends to apply hours received in pursuit for licensure as a licensed professional counselor to mental health counselor certification, the supervision must meet the requirements provided in chapters 20:68:04 and 20:73:04, and SDCL <u>36-32-44.</u> Only the supervised hours of direct client contact in a clinical setting may be <u>applied.</u>